



17th July 2024

Dear Parents & Carers,

We will be providing swimming lessons as part of our curriculum for Year 4 pupils during terms 1, 2, 3 & 4.

The compulsory National Curriculum swimming requirements are that children should be taught:

- To swim unaided, competently and safely for at least 25 metres.
- To develop confidence in water, how to rest, float and adopt support positions.
- A variety of means of propulsion using arms or legs or both and how to develop effective and efficient swimming strokes on the front and back.
- The principals and skills of water safety and survival.

Lessons will take place 9.30am, Wednesday mornings at Easton Leisure Centre, where there is excellent quality of teaching and a higher number of swimming coaches available to us. Lessons will start on Wednesday 18th September 2024 and will continue up to and including 26th March 2024.

Whilst the cost of the lessons and most of the travel is paid for by the school, we are asking parents/carers to contribute £12.00 using Scopay per long term (eg: £12 from September-December & £12 for January- March) to assist us with the transport costs. This contribution is in line with requests by other local schools.

We need 4 volunteers to assist with travel to swimming each week, please sign up at the school office. If you can commit to volunteering each week per long term (eg: from September-December and/or January-March) you will not need to pay the £12 contribution for the period of volunteering. Please sign up at the school office by Wednesday 11th September.

On Wednesdays each week your child will need to bring to school their swimming costume (no bikinis or long trunks) and a towel in a named waterproof bag.

- Long hair must be tied back.
- Jewellery should not be worn as we will not be responsible for any losses. It is very important that all earrings are removed. If your child has newly pierced ears, then they must have a swimming hat to cover their ears.
- If your child uses a deodorant, please ensure it is a roll on and not an aerosol. Also please do not pack talcum powder.

Thank you for your support.

Yours faithfully,

Slaney Mitchell

PE lead

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