



2nd April 2026

Dear Parent/Carer,

Sex and Relationship Education

As part of the School's Relationship, Health and Sex Education (RHSE) programme your child will receive some lessons on Sex Education in term six (June and July).

Our RHSE curriculum uses 'jigsaw' and we have been teaching our lessons using this programme all year. The jigsaw pieces each term are progressive, age appropriate and include; Being Me in my World; Celebrating Difference; Dreams and Goals; Healthy Me; Relationships and Changing Me.

Our aim is that all children grow into confident and healthy adults able to make positive choices, based on love and respect.

The 'Changing Me' focus will provide the SRE teaching for all year groups. Key stage two children will cover self-image, puberty and body changes, reproduction, and transition to secondary school (Yr 6). **Lessons that are taught as part of the science and health curriculum are statutory; therefore, all children will be taught these aspects.**

DfE July 2000 curriculum guidance states:

"...The objective of sex and relationship education is to help and support young people through their physical, emotional and moral development. A successful programme, firmly embedded in PSHE, will help young people learn to respect themselves and others and move with confidence from childhood through adolescence into adulthood..."

We are offering an opportunity to meet with myself and Miss Hudson to review the curriculum progression and content material of the relationship, sex and health education. We will also be able to answer any questions you may have. It will take place on:

Thursday 23rd April 2026, 2.30 - 3.15

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Across the school there are a minimal number of non-statutory lessons that parents can request to withdraw their child. If you wish to withdraw your child from the sex education teaching sessions, you will need to attend the workshop. **If you then decide to withdraw you will need to inform the school in writing by Friday 22nd May.** If you do not contact us, we will assume that you are happy with the content of this letter.

Yours faithfully,

Mrs Jenny Harvey

Principal

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