

## Pupil Friendly Anti Bullying policy

**Everyone at Minerva Primary Academy takes bullying seriously; we want all our young people to feel safe and happy when they are at school.**

At Minerva we teach our community about what bullying is and what to do if you think it is happening. We do this through our Minerva global citizens curriculum and our approach to equality, diversity and inclusion (EDI). This is in addition to promoting in the national anti bullying week in November.

### What is bullying?

Bullying is the deliberate use of unkind actions or words. We use 'STOP' to help our community remember that it is not a one off incident.

**S**everal  
**T**imes  
**O**n  
**P**urpose

**S**tart  
**T**elling  
**O**ther  
**P**eople

### What does bullying look like?

**Emotional:** Hurting other people's feelings, leaving you out, taking or damaging other people's belongings, extreme boasting

**Physical:** unwanted touch, punching, kicking, spitting, pushing, hitting, hair pulling, dragging along, sweeping off your feet, knocking into people.

**Verbal:** being teased, name calling or using hand signs

**Cyber:** saying unkind things by text, email and online or sending unkind images

### Bullying can also be about:

- Race or ethnicity
- Religion or Belief
- Family or culture
- Where someone lives or who they live with
- Your sex (whether you are a boy or a girl)
- Your gender identity
- If you have special educational needs or a disability
- Your age

These are also known as protected characteristics and this is part of the rule of law (British Value).

### **Why does bullying happen?**

Although bullying doesn't happen often at Minerva it might happen. Pupils who bully can be older, younger, bigger or smaller than you. Pupils who bully pick on people who may be different in some way and try to make them feel worse about themselves. If you are being bullied remember that it is never your fault.

### **Where does bullying happen?**

Bullying can happen in school, outside of school in club or at home or online.

### **What should you do if you think you or someone else is being bullied?**

In our school we all take responsibility in keeping each other safe. It is never OK to see someone being bullied and do nothing (being a bystander). You can tell people to stop (become a defender) or you can tell a **Trusted Adult** about what has happened. If you think someone is being bullied then talk to the person, ask if they're okay and ask if you can help them talk to a teacher or an adult they trust.

### **DO reach out and TELL SOMEONE!**

**DO** ask them to STOP.

**DO** find a trusted adult.

**DO** walk away.

**DO** use 'be safe' box in the corridor to tell the adults.

**DO** talk to a friend or a parent.

**DON'T** do what the bully says.

**DON'T** think that it's your fault.

**DON'T** stay silent and hide the problem.

**DON'T** do the same behaviour back.

Always remember it is **not your fault** and you are **never alone**.

You shouldn't be scared to **talk to someone** if you are being bullied. If you talk to a trusted adult, we can help to make the bullying stop.

If you are worried about bullying you can call ChildLine at any time for free on 0800 1111. This is the phone number for the NSPCC who we learn about in assemblies.

### **How is bullying is dealt with at Minerva Primary Academy?**

If bullying is reported or suspected, it will be dealt with immediately by a member of the MPA team.

A trusted adult will speak with all the children involved to find out more about what happened. We will then support the children to learn from the bullying behaviours so it doesn't happen again.

We will speak with the parents of all children involved.

If it does happen again it is really important you tell a trusted adult again

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